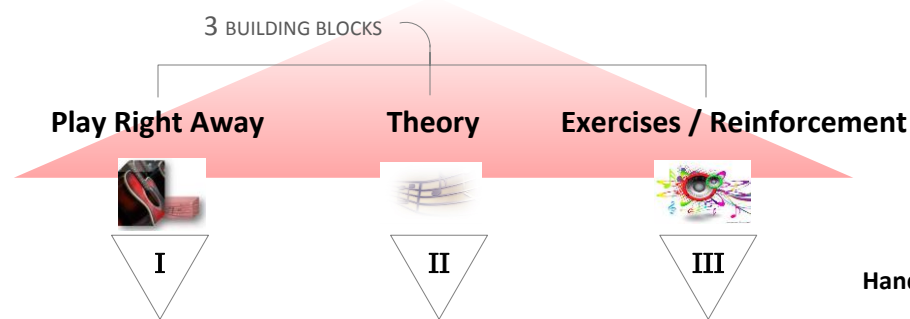


Guitar Lessons - Overview

Learning sessions are designed to help you quickly create good sounds with your guitar. Right from the start you'll be **doing** and **practicing**. I believe the sooner you play your first tune, even a simple one, the more you'll be motivated to keep learning. **Theory** is important too, and fun, as long as it is relevant to the music you want to be able to play. The aim is to enjoy your guitar as soon as possible. I'll help you build up your guitar skills and knowledge, in small steps that won't overwhelm you.



	Play Right Away I	Theory II	Exercises / Reinforcement III
1	First Chords "G" and Friends.	Posture, Strings, Frets, Fingerboard, EADGBE, Tuning, Care, Chord Symbols.	My First Song. This means 'your first song'. It's one that you choose to learn.
2	First Chords "G" and Friends [cont'd].	Strumming Basics [Beat & Rhythm].	Strumming exercise. Practice 'My First Song'.
3	First Chords "C" and Friends.	Strumming [Beat & Rhythm].	Chords/Strumming exercise. Practice 'My First Song'.
4	First Chords "A" and Friends.	Strumming [Beat & Rhythm].	'My Songs': You choose additional songs to learn and begin practicing.
5	First Chords "D" and Friends.	Strumming [Beat & Rhythm].	Chords/Strumming exercise. Practice 'My Songs'.
6	First Chords "E" and Friends.	Strumming [Beat & Rhythm].	Chords/Strumming exercise. Practice 'My Songs'.

Handouts

			Handouts
7	Chord progressions in G, C, A, D, E.	Some popular progressions using Major and Minor chords.	My Recording 1: Record your guitar playing. Review and feedback. 7.1
8	Major Scales: Understanding notes related to "C".	Triads, Scales, Rules for building Major chords [1,3,5].	Chords and Scales. Practice 'My Songs'. 8.1
9	Major Scales: Understanding notes related to "G".	Triads, Scales, Rules for building Major chords [1,3,5].	Chords and Scales. Practice 'My Songs'. 9.1
10	Minor Scales: Understanding notes related to "Em", "Am".	Triads, Scales, Rules for building Minor chords [1,3b,5].	Chords and Scales. Practice 'My Songs'. 10.1
11	More chords for the toolbox.	7ths and 'extended' chords [6ths, 9ths, aug, dim].	My Recording 2: Strumming & chord progressions. Review and feedback. 11.1
12	Fingerpicking.	Intro to basic 4/4 fingerpicking patterns using C and G.	Fingerpicking exercises. 12.1
13	Sequences & Patterns.	Chord patterns moving up & down the fingerboard.	Patterns Exercises. Fingerpicking practice. Practice 'My Songs'. 13.1
14	Maintaining and Growing Your Skills.	Mapping a path for future growth.	My Recording 3: Fingerpicking. Review and feedback. 14.1